



# 5-STEP DECISION-MAKING PROCESS FOR VIDEO GAMES

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## STEP-BY-STEP SUPPORT:

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As Caregivers , navigating the world of video games for your child can be challenging. This guide provides a simple yet effective 5-step decision-making process to help you make informed choices about video game content.

### 1 Understand

**Understand the Content:** Familiarise yourself with the content of the video game. Look into the game's rating, storyline, and objectives. Ensure it aligns with your values and is appropriate for your child's age.

### 2 Check

**Check the Ratings:** Video games come with age-based ratings. Utilise these ratings as a reliable guide. They are usually found on the game box or online store. Choose games that are age-appropriate for your child.

### 3 Assess

**Assess Interactivity:** Consider the level of interactivity in the game. Some games encourage creativity, problem-solving, and learning, while others may have violent or inappropriate elements. Choose games that align with your desired level of interactivity for your child.



### 4 Limits

**Set Time Limits:** Establish clear guidelines on the amount of time your child spends playing video games. Ensure a healthy balance between gaming and other activities like homework, chores, and outdoor play.

### 5 Engage

**Engage in Co-Play:** Play video games together with your child. This not only strengthens your bond but also allows you to monitor the content first-hand. It opens up opportunities for discussions about the game's and themes.



**REMEMBER, STAYING INVOLVED AND INFORMED IS KEY TO CREATING A POSITIVE GAMING EXPERIENCE FOR YOUR CHILD.**

PEGI helps caregivers to make informed decisions when buying video games. PEGI provides age classifications for video games in 38 European countries. The age rating confirms that the game content is appropriate for players of certain age. PEGI considers the age suitability of a game, not the level of difficulty.

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