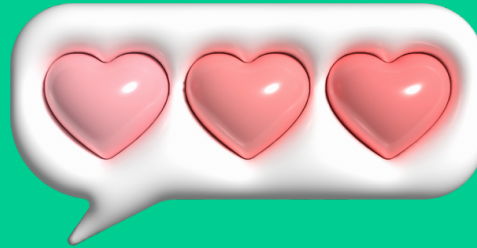


# CARING THROUGH THE CLICKS: SUPPORTING YOUR CHILD ONLINE

We're Here to Help!

WWW.KIDSONLINEWORLD.COM



## STEP-BY-STEP SUPPORT:



### 1 Listen

**Create a Supportive Space:** Make sure your child feels safe and understood when talking about their online experiences. Encourage open communication by using open-ended questions and expressing empathy for their feelings and experiences, even if you're not familiar with the online world.



### 3 Report

**Online Reporting and Safety:** Help your child become familiar with reporting tools on social media, gaming platforms, and other online spaces. Teach them to block harmful contacts when necessary to limit interaction and, if needed, guide them in documenting evidence by taking screenshots or saving records for possible future actions.



### 2 Comfort

**Provide Comfort:** Offer physical and verbal reassurance, like hugs or comforting words. Maintain a calm and composed demeanor, even when upset about your child's experiences, to provide stability and reassure them with phrases like "I'm here for you" or "We'll get through this together."



### 4 Seek Guidance

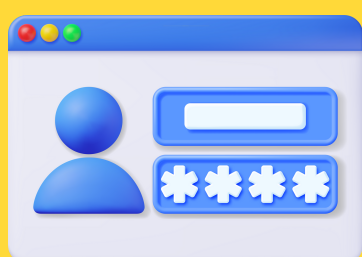
**Seeking Help When Needed:** Encourage your child to reach out to trusted adults. Let them know about support groups for connecting with others facing similar challenges. Reassure your child that while you're always available to support them, experts can provide valuable assistance in addressing online issues when necessary.

## Information, Support & Reporting:

...Together, We Can Heal Online Wounds...



## QUICK ONLINE SAFETY TIPS FOR CHILDREN:



### 1 Guard your personal information:

- Never share personal information like your full name, address, phone number, school name, or passwords online.
- Be cautious about sharing your location, especially in real-time, on social media or apps.



### 2 Online Friends:

- Only accept friend requests or connections from people you know in real life.
- If you're unsure about someone's identity, don't accept their request.



### 3 Cyberbullying Awareness:

- Recognise the signs of cyberbullying, such as hurtful messages, exclusion, or spreading rumours.
- Don't respond to cyberbullies; instead, block or report them to a trusted adult.

